

# **Expository Essay on Music**

Music plays a significant role in everyone's life. It keeps us busy during leisure time and gives us a sense of accomplishment. Organized sound, derived from the creation of rasa, is called music. The effect of drunkenness on music in the living world is not hidden from anyone. Music plays a vital role in our lives. There is an excellent variety of music, which we can enjoy to our liking and needs.

Music is the best and easy way to be happy and make yourself busy in life. In this busy, crowded, and corrupt world, when everyone wants to hurt each other, music keeps us comfortable during such difficult times and helps to provide relief for our brains. I have seen in my real life that music is a tool to keep me happy forever. Music is more than meditation and yoga, as it benefits both our body and our mind. We can listen to music at any time throughout the day; listening to music in the middle of a voice is perfect practice.

I always like to listen to music during my study and especially during exams. It helps increase my concentration during the lessons and gives me excellent results. As a result, I can get good grades in my studies.

Most people like to listen to and sing music at various festivals and events. Some people listen to music all the time like: in the office, at home, on the road, etc. It helps to stay away from all life problems and provides solutions to problems. Today, when working in offices in large companies, there is a tendency to sing in a low voice so that their minds can be refreshed, calm, focused, upbeat, and positive.

### **LOVE MUSIC**

I have a love for music because my father and grandfather loved music. Music continues in my house from morning till evening in a low voice. I don't know much about music songs, but I often listen to music while traveling or studying. During the weekly holidays, at home or for a picnic with our family and any other favorite place, we dance, listen to music and enjoy the holiday by singing songs. Music touches my soul and makes me realize that I have no problem in this world.

#### GOOD EFFECT OF MUSIC

Music is compelling, uplifting messages for all emotional problems and asks nothing from anyone. It's fun music. However, it tells us everything and shares more issues than people. The nature of music is inspiring and inspiring, which removes all negative thoughts and increases the power of human concentration. Music helps us remember all the good memories we had with the person we love the most. It has no boundaries, barriers, or rules; It only needs to feel a sense of commitment and dedication.

Music evokes intense emotion in our hearts and minds, connecting us with our souls whenever we listen to music. This connection is a great power of God. One spoke well of music; "Music has no



boundaries; it's above all limits." And "Music is focused on life, and life is music." This impressed me, and I started learning to play the guitar and hope to become a professional musician.

### THE IMPORTANCE OF MUSIC IN LIFE

Music has great power, making space in people's minds in many ways. When he can do the job, it can also be wasteful. Music has a significant impact on everyone's life, from people to trees, plants, animals, etc. Scientists have proved that disease can be effectively treated with music. Its use has been very successful in treating eye disease and heart disease. Digestive disorders are also treated with musical notes. As a person loses a piece of the waves, his attention is diverted from everything. And she feels comfortable.

### CONCLUSION

Music is like yoga. It makes us happy and also keeps the hormonal balance in our bodies. Along with this, it also works to provide physical and mental relief. As a result, it helps us keep our bodies physically and mentally healthy. It also works to protect us from obesity and mental health problems. I love music, and I love listening to music every morning. The piece is also critical to our hearts and helps us get a good night's sleep.

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