

Argumentative Essay on Alcohol

Almost everyone agrees that alcohol should not be offered to minors or anyone under 21. Alcohol is a hazardous substance, and if misused or prematurely, it can have severe consequences for the users or those around them. The topic of reducing the age of drinking has been discussed for decades. Road deaths among young people and the elderly are on the rise. Soon, the provinces began to increase their drinking age again."

"In 1984, Congress passed the Ordinance of Alcohol Age Act, which required states to have 21 years of alcohol use for all forms of alcohol if they wanted to earn highway revenue. The legal age for drinking has always been 21 years." reduced and raised again, this issue has not been resolved for decades. Alcohol consumption, especially those under the age of 21, should not be allowed in any country because it is hazardous for health problems and other hazards and can be done under extreme conditions where it can be overused or abused. Bad.

"Alcohol is the world's oldest and most frequently used narcotic." When addicted, he uses this alcoholic beverage instead of the usual drink. It does not take long for a person to become an alcoholic. "Although many people believe that alcohol is a stimulant, this is not the case. It reduces the activity of all living cells, particularly those in the brain". Department of Health and Human Services). If a person drinks alcohol at an early age, they are at greater risk of becoming addicted to alcohol. Teenagers think that having a good time with alcohol is always fun. Once they have tasted this drink, they usually want more. Also, because of peer pressure, teens often drink alcohol because "cool" people do.

Alcohol leads to other drugs and drug abuse, too. If the drinking age were more minor than eighteen, this would not change the actions of the smaller parties. Drinking alcohol often leads to other illegal activities. "Teens who report drinking before the age of 15 are more likely to have substance abuse problems, engage in risky sexual behavior, and have more negative outcomes.

Another reason to keep drinking for 21 years is that drinking reduces the reaction time and makes it harder for the drinker to lose control of his body. For example, a drunken man is more likely to rape a young woman. According to the U.S. Health and Human Services Department "It's estimated that 90 percent of college rapes involve an offender, a victim, or both drinking alcohol." An estimated 97,000 college students are victims of alcohol-related sexual assault or sexual assault each year. Alcohol abuse is responsible for 95% of all violent crime in college colleges" ("Substance Abuse is a Big Problem"). But rape is not always the case. Usually, when both partners are drunk, there is a high chance they will have unprotected sex. "According to the CAS, 8 million college students are screened in one year of study in the United States, and "eight percent of the 474,000 students have unprotected intercourse every year because they have been drinking." If the government could reduce the drinking age, it could result in unsafe sex and rape because they will get a chance to drink, and they will not get into alcoholism.

The most compelling reason to maintain a legal drinking age of twenty-one years is its impact on the user's health. Alcohol is very harmful to our bodies when consumed in large quantities. But even if

used in small doses, it can still harm the body, not just too much and not too fast. When a person indulges in alcohol, the user has a perfect chance of getting alcohol poisoning, leading to that person's death. Alcohol is very harmful to most organs if not all. When you drink alcohol, it has a faster heart rate because you are dehydrated and excrete alcohol poisoning. Speeding up the heartbeat can be very bad for anyone. The long-term effect of alcohol on the heart is that it "contributes to the harmful effects of heart disease." Because alcohol spreads throughout the bloodstream through all the organs, someone else's memory will be blurred while using this item because it affects the brain that controls all parts of the body. "Alcohol is the brain's most sensitive organ... Unlike blood cells, brain cells cannot be regenerated once destroyed by alcohol. [And] the response times are slower and their muscular interactions less efficient. Alcohol impairs judgement and thus allows a person to react to any situation that he would not normally do if he could not control his body.

The adolescent's brain is especially vulnerable to puberty and adolescence. The brain builds up during this time, so if the brain is exposed to alcohol-containing chemicals, it is at risk of unhealthy and permanent damage. Once alcohol is absorbed into the human system, it is pushed into the rest of the body and causes many health problems that can lead to permanent organ damage.

The most commonly debated issue is that 18-year-olds can "vote, join forces, sign treaties, and even smoke. Why can't they drink?" ("Reduction Arguments"). This is because there is a certain degree of maturity that a person must achieve. Eighteen to twenty-one years old are not mature enough to handle an alcohol-like chemical. We must consider that some adults more aged than 21 are not ripe. But these adults will still have to answer for their actions. Most of these adults are responsible and able to manage their alcohol. Young people, on the other hand, have no guilt. They think only of themselves and sometimes do not think at all.

Alcohol is dangerous. People under the age of 21 do not have the responsibility or the right to contain this item. It is harmful to the health and well-being of everyone. Inserting this substance into a person's body puts a person at risk of many things, such as health problems or other consequences such as sexual misconduct or, worse, rape. The age of drinking should always be 21 because, by this time, the burden has grown, and brain growth has stopped.

Also Read,

- [Argumentative Essay on Religion in 650 Words | Free Pdf](#)
- [Argumentative essay on plastic pollution in 400-450 words | Free Pdf](#)