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## **Argumentative Essay on Religion**

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Religion has been given different interpretations over time. Webster defines it as "the cause, principle, or principle of the beliefs held by zeal and faith"; Tyler (1871) describes it as belief in spiritual things. McNamara put it bluntly in the definition of religion in his statement, "Try to define religion and create conflict." No matter what the number of meanings they have, all words have the same meaning in their meaning. It affects a personal way of life, sometimes meaning that it is part of one's life and religion. This effect is due to a positive lifestyle, lifestyle, and energy, rather than being a barrier to religion. One can see this in the three major religions, Christianity, Buddhism, and Islam.

A summary of the history of the three religions shows how restrictive and oppressive it was for one follower. For both Catholics and Christians in the time of Jesus Christ, public declaration of one's faith can be dangerous. Lyes (1998) states that Christians were considered criminals even though few understood why. Too often, Catholics separate themselves from practicing their faith. Says Haywood (2006), "Catholics had to practice their faith secretly, and priests were often smuggled from house to house, trying to get ahead of those who wanted the priesthood." This situation referred to a time much later than that of Jesus Christ, when the people of England hunted for priests. The penalty for arrest is as severe as persecution.

The Muslims did not face such harsh punishments as the Christians. However, they were always considered goats, or those who should always be blamed for something unusual. This is due to the increase in population for Muslims, that Muslims are linked to terrorism, and so on. In the meantime, Buddhists have never faced such discrimination in their history. Stahl (2006) points out that Buddhists have never encountered what they call "missionary zeal" compared with other religions. Because of the specific punishments brought by faith, people find it difficult to express their feelings, such as finding peace and comfort in the personal sense of the word. Religion was restricting your freedom of speech and action.

As mentioned, religion helps to develop personal ability rather than hinders it. Soon in modern times, religious followers have been able to elevate themselves. Indeed, times have changed, though admittedly, religious discrimination still exists but not to a great extent. Christians, Buddhists, and Muslims alike are already using religion as a power source. Apart from being empowered, all religions have a human value, agreeing that each individual should be respected. Christians now have a strong belief in God and heaven, and the goal is to reach him. To achieve this goal, a person must be sensitive to their actions. In their belief in reincarnation, Buddhists have been used to treating one another with respect and dignity, fearing that the reincarnation will occur after their death. On the other hand, Muslims believe in Paradise being their partner and heaven. They think they must please their God, Allah, to enter Paradise.

Following their beliefs has helped shape each follower's actions, regardless of religion. Vernon (2012) stated in his article that based on recent research, faith practices positively affect a person's health. It empowered them to do good rather than evil. Fulfilling their full potential for believers can help in

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their spiritual lives. People's faith in their religion, no matter how different, has become stronger and stronger, especially in modern times, despite the dark history of each religion. Times have changed dramatically, as religion plays a vital role in people's lives.

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