

## Expository Essay on Teenage Pregnancy

Here you have an Expository Essay on Teenage Pregnancy, Let's Start.

### Introduction

Teenage pregnancy occurs in women between the ages of thirteen and twenty when they engage in unprotected sex with their partners leading to unwanted or unplanned pregnancies. Studies show that both young boys, as well as older men, are having unprotected sex with young girls who have become pregnant. Most such men do not end up marrying girls. Teen pregnancy is the most common social malpractice resulting from a lack of communication between foster parents and teens, leading to a lack of sex education.

Sexual prominence in the media gives young people a distorted sense of morality, and they fail to understand the consequences of engaging in sexual activity with teens. Young mothers and children often end up separated, and such mothers often have to drop out of school to support themselves. Lack of education, poor background, lack of general knowledge about sex education, and contraceptive methods lead to an increase in teen pregnancies.

### Meaning and definition

Pregnancy of girls 19 years of age or younger is called teenage pregnancy. There are many social, emotional and health problems associated with teen pregnancy. Although increased sexual health awareness and condom use have reduced the incidence of teenage pregnancies in countries such as the U.S., responsible factors such as lower levels of education, poverty, sexual misconduct among young people and the impact on teen pregnancy.

### Some problems about teenagers pregnancy

Some developing countries are experiencing problems of early marriage and a lack of awareness of contraceptives, which also contribute to teen pregnancy.

As unprotected sex is more common in people ages 12-14 and who are unaware of safer sex, anxiety becomes worse for young pregnant girls. If a young girl becomes pregnant at such a young age, abortion is one of the most important considerations when it comes to pregnancy and early detection.

In cases where the girl is in her late teens, adoption or community support are some of the ways to help a pregnant teen emotionally and if she is unable to financially care for the child. It is very important to seek the support of the girl's parents or the father of the expected child in order to

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provide appropriate prenatal care. It is important for young mothers to avoid smoking, drug abuse, and so on.

Young mothers may not be educated enough and may be fully aware of the safety precautions to be taken during pregnancy. It is therefore important to provide education and social support to those young girls and raise awareness about contraception to keep them safe from any such later experiences.

Teen pregnancy is also a very stressful time for parents of teens who dream of a bright future for their children. However, since the teen is also experiencing the effects of anger and frustration over the present situation, it is important for parents to control their anger in order to reduce teen stress.

Parents should have a thorough examination by a qualified physician and make sure that he or she receives appropriate counselling if needed in order to cope with the emotional turmoil. If both girl and boy families are ready to raise a child in the right way, that's fine. Other adoptions should be chosen as the means by which a suitable adoption organisation should be selected.

Teen pregnancy is not socially acceptable in many societies and cultures and therefore social problems need to be addressed without providing medical care before giving birth to a pregnant teenage girl. Children born to young parents are more likely to face the challenges of a good education because social support may not be available in their own circumstances. If appropriate social support is provided with child care support and social services, such children can receive a good education and establish themselves as independent earners in the community.

Teen pregnancy is debilitating for a girl child who often faces social and family pressure because of the unwise behaviour that led to her pregnancy. If a teenage girl suffers from all the hostility from friends and family, she will probably not understand and know the nutritional factors associated with pregnancy and may give birth to a low birth weight or malnutrition. Behavioural problems are also common among children like these as they do not have the ability to identify the appropriate parental skills to imitate.

Teen pregnancy is an embarrassment to many parents and as a result they find it difficult to accept the situation and deal with it well and patiently. In addition, a teenage girl is not physically ready to give birth to a baby that adds to all the problems she is facing.

It is important for such young parents to return to educational institutions after childbirth so that they can be taught how to be better parents in raising their child. Child care should be affordable and affordable for such young mothers. Many young parents began abusing their children when they were 6 months old when they were also abused as children. Even more, there is a high risk of death associated with teenage pregnancy for both mother and baby.

Prenatal care is therefore essential to protect the baby and the mother from any serious health problems or conditions. Contraceptive programs such as teen education, body-based information programs, body-focused programs for easy access to sex education and peer counselling programs are some of the steps that can help control the rate of teen pregnancy in the world.

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