



## Argumentative Essay on Social Media

Social media is the cause of many problems and solutions in the world. It can raise awareness of an important reason, but it can also spread hatred, especially among teenagers. As a young person, I would be the first to say that social media is a way for many young people to make a living, but is it the right way to go? "Social media has allowed kids to kill their lives online and instead of saying farewell to friends at school and," writes Austen McCann in his article. I'll see them tomorrow ... "has a much higher suicide rate among young people in the 21st century. Online communication, social media does not have to be a significant source of youth.

### Effects of Social Media

The average teenager spends at least 2 hours and 20 minutes on social media every day. In an article, Austin McCann's Impact of Social Media on Teens points out that "social media becomes more than half of their world." Young people complain of ongoing stress over homework, but perhaps homework is not the primary source of stress. Everyday Health magazine states that, statistically, a teenager who spends most of their time outside often becomes a happy, healthy child. However, since 2000, the amount of time young people spend outdoors has decreased significantly, resulting in increased stress and obesity. Not only does it affect health, but social networks also prevent parents from communicating with their children without looking at their phones. While the positive effect of having a social media profile is communication with friends/family, they do not even have the dignity to rise ahead and participate in the conversation. Enjoying the little things around them becomes a difficult task for the average teenager when he is too busy writing in a tweet about it. Its contradictions indicate that forums are not all that matter.

Social media promote false images of how everything should be in a perfect world. This result is the cause of insecurity and questions in girls and boys. These are misleading pictures of bodies, relationships, houses, cars, etc. they should be the ones that lower self-esteem and lead to depression and suicide. Without communication, social media is focused on who "rewritten" who's "selfie" and "how many favorites that photo was." It is frustrating to know that teenagers often have uncertainties about their lot in life. Misconceptions about life expressed in social media are misleading the youth and are not worth the effort. Not only are social media misleading, but they are also less critical. Outside of the site news section, most posts are irrational and irrelevant to our world. The kind of information "Becky just found inside a new car" doesn't always work. Nicholas Wapshott states in his book *Buying Into Big Brother* on social media: "We may feel sorry for the stupid schoolboy who used to swear on Twitter or post a picture of himself at a party and find himself looking for a job, that HR department fishing has kept him unemployed." Withdrawal can help you realize that nothing you say to your pals will affect your life in the long run. Instead of ruining the drama and trivialities on social media, connect with your friends and family by calling them and avoiding problems and malfunctions of websites.

Avoiding social media can be very difficult. Especially in a situation where one uses it daily and changes during the week. It is a very challenging job, but in the long run, you will not have to worry

about wasting your time, false ideas, and unnecessary information! Encouraging teens and friends to spend less time on social media and more time on social media can change your life for the better.

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